

1 NIGHT BUSHCRAFT

DAY ONE

AM	ARRIVAL	A very warm welcome to our wonderful woodland.
	INTRODUCTION TO BUSHCRAFT	Delve into the wonderful world of bushcraft, discovering the practical skills that allow us to thrive in our natural environment through utilising resources in a sustainable way.
PM	INTRODUCTION TO FIRE & FIRE LIGHTING	Explore the uses of fire, the science behind heat production and the principles of the fire triangle, before learning how to safely use a fire-steel and putting it to the test in a fastpaced fire-steel relay.
	CAMO & CONCEALMENT	Discover the art of blending in to your surroundings, combining traditional and military techniques of camouflage and concealment.
	ROOTD GAMES	Unplug, switch on, and have fun in a variety of woodland games.
	CAMPFIRE COOKING	The perfect end to the day, work together to create tasty treats over the fire to enjoy under the stars.

DAY TWO

AM	PLANT IDENTIFICATION & FORAGING	Learn how to identify our woodland trees & plants, and discover their unique uses and the folklore surrounding each species.
	SHELTER BUILDING	Work together to build the ultimate woodland shelter using materials found within the woodland.