

2 NIGHT BUSHCRAFT

DAY ONE

AM	ARRIVAL	A very warm welcome and a chance to settle into our cosy accommodation.
	INTRODUCTION TO BUSHCRAFT	Delve into the wonderful world of bushcraft, discovering the practical skills that allow us to thrive in our natural environment through utilising resources in a sustainable way.
PM	FIRE STEELS	Explore the uses of fire, the science behind heat production and the principles of the fire triangle, before learning how to safely use a fire-steel and putting it to the test in a fast-paced fire-steel relay.
	SHELTER BUILDING	Work together to build the ultimate woodland shelter by combining materials found within the woodland with new found knot skills.
	ROOTD GAMES	Unplug, switch on, and have fun in a variety of woodland games.

DAY TWO

AM	ETHNOBOTANY (USES OF PLANTS)	Discover the practical uses of our woodland plants, wandering the woods learning how to identify common species before turning them into tinctures and teas.
	KNIFE SKILLS	Develop independence and confidence through knife skills as you learn to carve your very own tent pegs that you can take home with you.

EXAMPLE PROGRAMME

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DAY TWO

PM

TREE IDENTIFICATION

Learn how to identify our woodland trees and discover their unique uses and the myths and legends surrounding each species.

CAMO & CONCEALMENT

Discover the art of blending in to your surroundings combining traditional and military techniques of camouflage and concealment.

CAMPFIRE COOKING

The perfect end to the day, work together to create tasty treats over the fire to enjoy under the stars.

DAY THREE

AM

FIRE BUILDING - SIGNAL FIRES

Build on your new found fire knowledge as you apply practical survival skills, creating signal fires using raised tripods.

ANIMAL TRACKS & SIGNS

Learn to look out for the signs of our feathered & furred woodland friends as you walk amongst the trees. Finish off by putting your new track identification skills to the ultimate test in our fun team game.