



# RESIDENTIAL ADVENTURE TRIPS YEAR 7&8

SCHOOL TRIP ORGANISERS WITH A DIFFERENCE

UNPLUG  
SWITCH ON  
AND LIVE IN THE  
HERE AND NOW



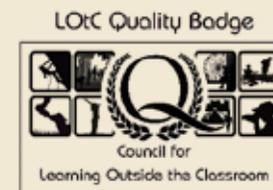
# A SCHOOL TRIP ORGANISER WITH A DIFFERENCE



We've been working with schools delivering outdoor adventures for over 12 years, so we know what gets children motivated and how to get the best out of them.

Many schools come to us for their school residential trips after previous experiences using big trips providers. Often these can feel impersonal, rushed and crowded. At Rootd things are very different. We work together to ensure that every child is seen and heard during their time with us. We want them to come away feeling strong, resilient, and empowered, having had the time of their lives.

And of course, keeping children safe as they explore the outdoors is paramount so with our experience comes an expert understanding of where to draw the line between safety and adventure.



# WHEN IT COMES TO SCHOOL TRIPS WE MAKE IT PERSONAL



**DESIGN THE IDEAL TRIP**

From the moment you book your trip, we make sure we get to know you and your students. We then design the ideal trip for you, incorporating activities that we know will bring out the best in your students.

Children and teachers always come first, and as the only group with us, we can respond to your energy and adapt as we go, making sure students are fully engaged and making the most of their trip.



With Rootd, you'll find the perfect school trip personalised for you, all within an hour of central London.



# WELCOME TO PHASELS WOOD

HERTFORDSHIRE

Set in a beautiful woodland setting, and within an hour of central London, our Hertfordshire centre is easily accessible from London and the South East, which means quick travel times and happier children. The centre offers high-quality adventure activities, well-maintained facilities and our exciting all year-round accommodation, making it an ideal setting for fun-filled, unforgettable school residential trips.



Set in 95 acres of meadows and natural woodland



Close to London and within easy reach of M1 and M25



Unique accommodation for all seasons



Exciting adventurous activities

# MEET OUR INSPIRATIONAL TEAM

## BEAUTIFUL HUMANS, INSIDE AND OUT

As well as being superbly trained, our team of group leaders are fun-loving and passionate about the great outdoors. This makes them fantastic role models for students, showing them how they can thrive in nature and work as a team to overcome challenges together.

“The staff are brilliant and are what sets Rootd apart from other trip providers. They are open with their communication, consistent with their delivery and make it as easy as possible for us.”

G Shone  
Head of Year 7  
Harris Beckenham

# THE ADVENTURE STARTS WITH OUR ACCOMMODATION

Students love where they stay on a Rootd Residential!

In the warmer months, they get the real camping experience in our bell tent village, complete with chill out spaces, games and teacher areas.

As the days get shorter, our woodland pods make the perfect, cosy retreat for students after a busy day in the outdoors.

**HIGHLY RECOMMEND  
ROOTD FOR ANY  
OUTDOOR ADVENTURE!**

**“The staff were not only knowledgeable but knew exactly how to engage with the children. Their ability to connect and create a fun, educational environment made the experience unforgettable for everyone.”**

S Young  
Bablake School



# ADVENTURES UNDER CANVAS

IN OUR BELL-TENTED VILLAGE



Teacher tipi  
with fire pit and  
refreshments



Teacher tents  
sleep 2 with beds  
and individual  
sleeping  
compartments



Student  
tents sleep  
6 on bunk  
beds



Indoor dining  
room plus an  
exclusive Rootd  
shower block



Night toilets  
and motion-  
sensored  
lighting



Chill out areas  
with campfire,  
games and table  
tennis



# COSY NIGHTS

## IN OUR WOODLAND PODS



Fully-heated with electrics



Colourful, nature-inspired interiors



Teacher pods sleep 2/3 with ensuite and kitchenette



Student pods sleep 8 on bunk beds



Dedicated indoor dining room and toilet facilities



Chill out areas with campfire, games and table tennis

We are already seeing the impact of our Rootd Adventure now we are back at school in the new friendships that are formed, positive relationships with new teachers being built and the girls having pride in all that they have achieved.

R Halke  
Head of Year 7, Harris Girls Bromley



[www.rootd-adventure.com](http://www.rootd-adventure.com)



**“SCHOOLS ARE CONTINUALLY IMPRESSED BY THE QUALITY OF OUR RESIDENTIAL TRIPS AND THE DEDICATION OF OUR ROOTD TEAM TO DELIVER THE BEST TRIP THEY CAN FOR STUDENTS. OVER 90% OF SCHOOLS CHOOSE TO RETURN TO ROOTD YEAR AFTER YEAR, CONFIDENT THAT EVERY TRIP WILL BE A SUCCESS.”**

# TRIPS TO SUIT EVERY OBJECTIVE AND BUDGET

We believe every child should have the chance to experience outdoor adventures, so we want to make our residential trips accessible to as many children as possible. From one-day adventures to three-night stays, we've got a range of options to meet your needs.



## ONE-NIGHT RESIDENTIAL ADVENTURE

On this one-night adrenaline-filled residential, students take part in a range of outdoor activities, such as archery, crate stacking and our Survivor Bushcraft session, before enjoying some downtime around the campfire and settling down in their cosy accommodation.



## TWO-NIGHT RESIDENTIAL ADVENTURE

Students experience the very best of the outdoors through a combination of team challenges, Survivor and Explorer sessions and adventure activities. The extra night allows for more evening games and bonding around the campfire.



## THREE-NIGHT RESIDENTIAL ADVENTURE

For schools looking for a longer stay, adventurous activities including pot holing, buggy building and high ropes add to the excitement. There's also more time for friendships to blossom and group bonds to strengthen, so you return feeling closer as a year group.

# ACTIVITIES

## SPARKING RESILIENCE AND TEAMWORK

Whether your students take to the high ropes or work together perfecting their buggy building skills, your trip will be packed with fun activities and teambuilding challenges that boost self-belief and resilience, while creating stronger bonds within the year group.



# GET BACK TO BASICS WITH **BUSHCRAFT**



## MORE THAN JUST OUTDOOR SURVIVAL

For a unique experience that brings students together in nature, why not try a Rootd bushcraft trip.

Combining outdoor education with personal development, our bushcraft programmes take young people out of their comfort zone and challenge them to learn new essential life skills, such as fire making, shelter building and outdoor cooking.

Incorporating group activities that require teamwork and collaboration, it's the perfect way to bring year groups together - with students soon creating new connections and strengthening friendships.

## YEAR-ROUND BUSHCRAFT TRIPS

With a choice of 1 to 3-night trips and flexible accommodation, you can join us on a bushcraft residential trip whatever your budget.

With chill out areas, games and a dedicated Rootd shower block, our tent village is a popular choice with secondary school groups. Or for a cosier stay, our pod village provides sheltered outdoor areas and indoor eating spaces.



WANT TO TRY  
SOMETHING  
DIFFERENT?



# A TYPICAL DAY ON YOUR YEAR 7 OR 8 ROOTD RESIDENTIAL

“The woods don’t differentiate, every child can be themselves. Bushcraft teaches soft skills and life skills. Students have the freedom to be outside in the elements which is so sadly lacking in some of their lives”

D Mullett  
Head of Year 7, Parmiter’s School

<b>Breakfast</b>	Cereal selection, toast, yoghurt, pastries and fruit juice.
<b>Adventure and teambuilding activities</b>	Reach new heights as you scale our outdoor <b>climbing wall</b> and push your limits as you go for gold in our <b>archery</b> challenge. Then work together in groups to <b>build a buggy</b> from scratch, combining rope skills with teamwork, before putting it to the test. Fastest buggy wins!
<b>Lunch</b>	Enjoy a <b>picnic</b> and some downtime with friends.
<b>Survivor Bushcraft</b>	Learn how to survive in the wild with lessons in <b>knife skills, tool creation, fire-making</b> and <b>foraging</b> , before putting your cooking skills to the test using <b>outdoor cooking</b> methods. Then find out how to keep comfortable in the woodland with our group <b>shelter building</b> challenge. Will your shelter pass the test?
<b>Dinner</b>	Chicken or vegetable <b>curry</b> with rice followed by our chef’s mouth-watering <b>chocolate brownie!</b>
<b>Evening activity</b>	Get your adrenaline pumping as you whizz down the Cresta <b>Toboggan Run</b> .
<b>Campfire</b>	The perfect end to a busy day - relax with friends, share stories, and maybe even take part in a group <b>sing along!</b> Then wind down with a cup of delicious <b>hot chocolate</b> .

# THE FUN OF A ROOTD RESIDENTIAL ALL YEAR ROUND

AUTUMN RESIDENTIALS FOR YEARS 7 & 8

With group activities that boost teamwork and inspire collaboration, an autumn residential is the perfect way to bring children together at the start of the year.

When facing challenges together, students build closer bonds, forge new friendships and discover just how much they can achieve as a group. And they leave with a strong sense of belonging, feeling closer to their peers.

Whether just starting out on their secondary school journey or moving up into Year 8, an autumn residential is always a positive start to the year!

## MORE AFFORDABLE IN AUTUMN

An added benefit of an autumn residential is that they're more affordable. By taking place outside the peak summer months when demand is greater, prices in autumn are lower, which can make an autumn trip more accessible to many schools.

# HOW TO BOOK

## GET IN TOUCH TODAY TO:

- Find out more
- Check dates
- Request a quote for your Rootd Year 7 or 8 trip

We're easy to get hold of - you won't be stuck with helpline numbers and enquiry desks. And if you'd like to visit for a tour of our centre, you're always very welcome. We love any opportunity to show what our trips are all about!

**"We have already emailed to enquire about another visit next year and we haven't yet left the camp!! Staff were absolutely fantastic, please keep investing in them"**

Parmiter's School,  
Year 7



To book your Year 7 & 8 adventure



hello@rootd-adventure.com



0800 233 5220

