

EXAMPLE PROGRAMME



2 NIGHT BUSHCRAFT

DAY ONE

AM ARRIVAL

A very warm welcome and a chance to settle into our cosy accommodation.

INTRODUCTION TO BUSHCRAFT

Delve into the wonderful world of bushcraft, discovering the practical skills that allow us to thrive in our natural environment through utilising resources in a sustainable way.

PM SHELTER BUILDING

Using your newfound knot skills, work together to build the ultimate seasonal shelter using materials found in the woodland.

FIRE LIGHTING - KEEP THE SPARK ALIVE!

Explore the uses of fire, the science behind heat production and the principles of the fire triangle. Learn how to safely use a fire-steel before putting it to the test in a fast-paced fire-steel relay and roasting the perfect marshmallow!

NIGHT WALK

Wander the woods guided by the moon. Listen closely and see if you can spot our resident badger, or perhaps a bat swooping through the trees.

CAMPFIRE

The perfect end to the day, sit around the campfire and wind down with a cup of hot chocolate.

DAY TWO

AM KNIFE SKILLS

Develop independence and confidence through knife skills as you learn to carve your very own tent pegs.

FOREST FORAGING

Discover the practical uses of our woodland plants as you wander through the woodland. Learn how to identify common species before turning them into tinctures and teas.

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PM CAMOUFLAGE & CONCEALMENT Discover how to blend into your surroundings by combining the traditional and military techniques of camouflage and concealment.

TRACKING & SIGNS Learn to look out for the signs of our feathered & furred woodland inhabitants before making a trail of your own.

CAMPFIRE Channel the energy, creativity and inspiration generated by your time outdoors to share your hidden talents and sing together under the stars.

DAY THREE

AM CORDAGE & TRAPPING Learn why cordage is so important for surviving in the wild and how it can be used to make humane traps for helping injured wildlife or gathering food.

CAMPFIRE COOKING Work together to build the ultimate campfire before cooking your own tasty campfire treat.

PM LUNCH & DEPARTURE Picnic in the woods before heading back to school